



Too Much!

Jolene Gutiérrez, Angel Chang (Illustrator)

When feelings go on overload, I pause and breathe and all is . . . slowed. Sometimes everything is too much! Too loud, too bright, and all too overwhelming. Writing from her own experience with sensory processing disorder, award-winning teacher-librarian Jolene Gutiérrez's compassionate picture book explores the struggles of a sensorily sensitive child and how they settle themselves.