

Referral Resource Guide - RI

These resources can be found on our website:

www.familyserviceri.org/programs/youth-mental-health-first-aid

QUICK HOTLINES

Quickly Identify ANY resource in your area

United Way of Rhode Island

(401) 444-0600 or **211**

50 Valley Street, Providence

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more.

<https://www.unitedwayri.org/>

Kids link Behavioral Health Triage Service (minors)

(855) 543-5465

24/7 behavioral health triage and referrals. Includes emotional crises

When a minor is at-risk of hurting themselves or others

<https://www.lifespan.org/centers-services/kids-link-ri>

BH Link Connection to Care (18+)

(401) 414-5465 or call/text **988**

975 Waterman Ave. East Providence, RI

24/7 crisis assessment, crisis/suicide hotline, Mobile Crisis, Walk-in Crisis Centers & Services, substance use, referral and transportation to residential services, etc.

<https://www.bhlink.org/>

IN AN EMERGENCY OR CRISIS

For Assistance In An Emergency Situation

Dial 911
(Medical emergency, risk of harm to self or others)

Family Service of Rhode Island

Emergency Response Line and Mobile Crisis

Day time Hours 401-519--2280
<https://www.familyserviceri.org/programs/emergency-response-service/>

National Suicide Prevention Lifeline

1-800-273-TALK (8255) or **988** (press 1 for veterans, 2 for Spanish, deaf & hard of hearing)
<https://988lifeline.org/>

BH Link 24 hours Walk-in Assessment

Adults 401-414-LINK (5465)
Children 855-KID (543) – LINK (5465)
<https://www.bhlink.org/about>

Ambulance Companies in RI

Licensed Ambulance Services (by area)
Professional Ambulance
Coastline Ambulances

<https://health.ri.gov/find/ambulanceservices/>
(401) 383-5100
(401) 737-3777

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

National Child Abuse Hotline
1-800-4-A-CHILD (1-800-422-4453) https://childhelphotline.org/
National Domestic Violence Hotline
1-800-799-SAFE (7233) 1-800-787-3224 (hearing impaired line) Text "START" to 88788 or chat live
Aubin Center (assessment and treatment of potentially abused children, Hasbro Children's Hospital)
401-444-3996

National Sexual Assault Hotline
1-800-656-HOPE (4673)
RAINN (Rape, Abuse & Incest National Network)
1-800-656-HOPE (4673) www.rainn.org
Rhode Island Domestic Violence Hotline
1-800-494-8100

Sojourner House

<https://www.sojournerhousepa.org/>

(401) 861-6191

Women's Center/Crossroads Rhode Island's DV Program (Domestic Violence)

<https://www.womenscenterri.org/>

(401) 861-2761

24 Hour Helpline

(401) 861-2760

RI Coalition of Domestic Violence

<https://ricadv.org/>

(401) 467-9940

Day One

100 Medway Street Providence, RI 02906-4402:

(401) 421-4100

Sexual Abuse Response Team (SART) is a legal advocacy program intended to offer victims of sexual assault, age 14 years and older, with information and emotional support through their experience with the criminal justice system

National Domestic Violence Hotline

(800) 799-SAFE (7233)

24/7 Free, Confidential support. Live Chat, call or Text. Assists

With erasing vido history. Plan for Safety. Is it Abuse? Know your options!

Native American Services

844-7NATIVE

<https://www.thehotline.org/get-help/native-american-domestic-violence/> (844)-762-8483
STRONG HEARTS (844)-762-8483

Native Helpline. 24/7 safe, confidential and anonymous domestic & sexual violence
Helpline for Native Americans & Alaska Natives, culturally-appropriate support
<https://strongheartshelpline.org/>

Deaf, DeafBlind, or Hard of Hearing Video Phone 855-812-1001
National Deaf Domestic Violence Hotline (NDDVH) & Abused Deaf
Women's Advocacy Services (ADWAS). 24/7 Advocates via TTY & live chat
Instant Messenger: DeafHotline
Email: nationaldeafhotline@adwas.org
<https://www.thehotline.org/get-help/domestic-violence-deaf-services/>

Victims of Crime Helpline 1-800-494-8100

United Way of Rhode Island (401) 444-0600 or 211
Victim Services - cyber bullying, domestic violence, cybercrime

Tri-County Community Action Agency (401) 626-3447
Victims of Crime Advocacy (VOCA) Voice (401) 519-1916
ASL, Tactile Sign Language. In-person, videophone (VP), email
<https://www.tricountyri.org/services/victim-of-crime-advocacy/>

CHILD ABUSE SUPPORT SERVICES

Physical, Sexual, Domestic, Mental and Emotional Abuse

IMPORTANT NOTE ON MANDATED REPORTS:

All persons in Rhode Island are required by law (RIGL §40-11-3) to report known or suspected cases of child abuse and/or neglect to the Department of Children, Youth and Families within 24 hours of becoming aware of such abuse/neglect.

Not sure if you should report? *You may call the general line and request to have an anonymous clinical consult with a protective service worker to review the details of the case to determine if the case is appropriate to report.*

Note: **If you do not report suspected or known abuse of a minor, whether it is professional or a personal relationship (family, friends, neighbors), you are at risk of losing your license or professional *credentials*, as mandatory**

reporting is not only a state law but also the policies that govern licensures for those who professionally work with children. Please see your own professional job description, employer policies, licensure and other professional credentials for further details regarding your professional obligations to report.

DCYF (Department of Children, Youth and Families) - Child Protective (401) 528-3500
101 Friendship Street. Providence, RI 02903
<https://dcyf.ri.gov/>

Report Suspected Child Abuse 24/7 Hotline 1(800)-RI-CHILD (1-800-742-4453)
Operates 24/7, staffed by Child Protective Investigators.
All calls are recorded. Caller may remain Anonymous.

Mandated reporters:

“Child abuse and neglect means the physical or mental injury, sexual abuse or exploitation, negligent treatment, or maltreatment of a child under the age of eighteen (18) by a person, including any employee of a residential facility or any staff person providing out-of-home care, who is responsible for the child’s welfare under circumstances indicating harm or threatened harm to the child’s health or welfare. The term encompasses both acts and omissions on the part of a responsible person. A person responsible for a child’s welfare includes the child’s parent, guardian, foster parent, an employee of a public or private residential home or facility of other person legally responsible under State law for the child’s welfare in a residential setting, or any staff person providing out of home care. Out of home care means child day care, i.e. family child care, group child care, and other center-based child care” – RIDCYF website

Victims of Crime Helpline 1-800-494-6191
(direct you to your local resources)

Hasbro Children’s Hospital,
593 Eddy Street Providence, RI, 02903 (401) 444-4000
(Child Protection Program)

In response to the critical need for assessment and treatment of potentially abused children, Hasbro Children's Hospital has instituted the Child Protection Program. The program provides services for children who may have been victims of sexual, physical or emotional abuse, neglect or factitious disorders.
<https://www.lifespan.org/centers-services/lawrence-aubin-sr-child-protection-center>

Day One (401) 421-4100
100 Medway Street Providence, RI 02906-4402:
Sexual Abuse Response Team (SART) is a legal advocacy program intended

to offer victims of sexual assault, age 14 years and older, with information and emotional support through their experience with the criminal justice system. Also provides outpatient treatment.

Family Service of Rhode Island (FSRI)

(401) 519-2300

General line (includes Mobile Crisis, Emergency Assessments, Outpatient treatment, In-Home services). Provides outpatient and home based treatment for children who have experienced trauma.

<https://www.familyserviceri.org/>

St. Mary's Home for Children

(401)353-3900

420 Fruit Hill Avenue North Providence, RI 02911-2647

Boys ages 5 to 13, and girls ages 5 to 18

<https://www.smhfc.org/>

CHILDREN, YOUTH and FAMILY MENTAL HEALTH RESOURCES

Emergency and Referral Services

National Runaway Safe line

800-621-4000

Family Service of Rhode Island (FSRI)

(401) 519-2300

<https://www.familyserviceri.org/>

General line (includes Mobile Crisis, Emergency Assessments, Outpatient treatment, In-Home services). Provides outpatient and home-based treatment for children who have experienced trauma.

SUBSTANCE USE (Alcohol, Street or Prescribed Medications)

BH Link Connection to Care (18+)

(401) 414-5465 or call/text **988**

975 Waterman Ave. East Providence, RI

24/7 crisis assessment, crisis/suicide hotline, Mobile Crisis, Walk-in

Services, **substance use**, referral and transportation to residential services, etc.

<https://www.bhlink.org/>

SAMHSA, Substance Abuse and Mental Health Services Administration

1-800-662-HELP (4357)

Text your zip code to 435748 (HELP4U)

<https://www.samhsa.gov/families>

Caritas, Inc. (401)-722-4644
166 Pawtucket Avenue, Pawtucket, RI 02860
Girls and boys ages 13 -17 with substance use challenges

The Providence Center (401)-276-4020
528 North Main Street | Providence, RI 02904

Butler, SAAFER Program (401) 455-6226

RHODE ISLAND HOSPITALS

RI Hospitals (ER, emergency Assessments and Inpatient Psych Support)

Hasbro	(401) 444-4000
Kent	(401) 782-8000
Miriam	(401) 793-2500
Westerly	(401) 596-6000
Newport	(401) 846-6400
Landmark	(401) 769-4100
Fatima	(401) 456-3000
So. County	(401) 782-8000
Rhode Island	(401)444-4000
Roger Williams	(401) 456-2000
Memorial	(401)729-2000
St. Joseph	(401) 942-2258

INPATIENT & PARTIAL MENTAL HEALTH TREATMENT PROGRAMS

Bradley Hospital (401)-432-1364
1011 Veterans Memorial Parkway | East Providence, RI | 02915
Bradley Hospital's inpatient services are for children ages 3 to 18 years

Butler Hospital (401) 455-6200
345 Blackstone blvd. Providence, RI 02906

PARTIAL HOSPITALIZATION

Services include individual, family and group therapy provided at a given

location. PHP is provided for 3 to 8 hours depending on the program, Monday through Friday. Insurance based.

Bradley Hospital (401)-432-1364
1011 Veterans Memorial Parkway | East Providence, RI | 02915
The Pediatric Partial Hospital Program: age 0-6

- SafeQuest: Bradley Hospital's partial hospitalization program for adolescents is an intensive after-school program for adolescents who are at risk for self-harm and/or who are suffering from significant mood or anxiety disorders. Age: adolescent

The Providence Center (401)-276-4020
528 North Main Street | Providence, RI 02904
Five days a week, six hours a day, age: 8 and 21

St. Mary's Home for Children (401)353-3900
420 Fruit Hill Avenue North Providence, RI 02911-2647
Boys ages 5 to 13, and girls ages 5 to 18

ARTS and CSU

Short term residential treatment lasting days or weeks. Often used as a step-down from inpatient or residential care. Insurance based and state funded.

St. Mary's Home for Children (401)353-3900
420 Fruit Hill Avenue North Providence, RI 02911-2647
boys ages 5 to 13, and girls ages 5 to 18

Gateway Healthcare (401) 231-7594
1974 Atwood Ave, Johnston RI
Adolescents, ages 12-21

Arcadias Children's Home (401) 231-7594
West Greenwich, RI
Boys and girls, ages 5-11

The Providence Center (401)276-4020

Adult CSU

INTENSIVE OUTPATIENT for ADULTS & YOUTH

Similar to but less intense than PHP, this service provides a variety of treatment modalities for approximately 3 hours per day Monday through Friday. Insurance based.

The Providence Center

528 North Main Street | Providence, RI 02904

Group and individual sessions for three hours per day, age: 5 and older

(401)528-0123

United Way of Rhode Island

Services throughout RI. Available 24/7

(401) 353-3900 or 211

GLBTQA+ Support Services

(Gay, Lesbian, Bisexual, Transgender, Questioning & Allies)

Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center

1-888-843-4564

www.glnh.org

GLBT National Youth Talkline

1-800-246-PRIDE (1-800-246-7743)

www.glnh.org/talkline

Trevor Project Crisis Line – LGBTQ Youth

1-866-4-U-TREVOR (488-7386)

www.theTrevorProject.org

Youth Pride RI

743 Westminster St, Providence, RI 02903

Working to meet the needs of youth impacted by sexual orientation and gender identity/expression. Free individual counseling, virtual or in-person, assist w/housing security, abuse, food insecurity, GED assistance, GSA's in RI schools, in-person and virtual

groups available

info@youthprideri.org

<https://www.youthprideri.org/programs/visit/>

(401) 421-5626 x743

Haus of Codec

(401) 484-7465

53 Broad St PO Box 23360, Providence

Youth Transitional Housing options ages 18-24. Shelter provides food and clothing
Pantry, self-service kitchen, a shared bathroom, access to supports for LGBTQQIA+
info@hausofcodec.org

<https://www.hausofcodec.org/>

United Way of Rhode Island

(401) 353-3900 or 211

Services throughout RI. Available 24/7. Includes LGBTQ+ state resources
and support options

Self-Help (GLBTQA+ resources & supports)

Youth Justice Institute (Gender & Youth Microsite)

(518) 442-5596

“...Gender & Youth Justice Resources offers youth, state partners, and community justice partners a gender equity resource bank of tools developed within New York State and nationally. The selected tools (including guides, toolkits, webinars, podcasts, scholarly works, and more) have been selected to provide concrete supports that empower, instruct, motivate, and inspire all of us as we further the urgent work of meeting unique needs of youth of all gender identities, gender expressions, and sexual orientations.”

<https://www.albany.edu/yji/gender-microsite>

AUTISM & DEVELOPMENTAL DISABILITIES SUPPORT SERVICES

Bradley Hospital (AUTISM AND DEVELOPMENTAL DISABILITY SUPPORT SERVICES)

(401)

432-1364

1011 Veterans Memorial Parkway | East Providence, RI | 02915

Center for Autism and Developmental Disabilities

Communication, Occupational and Sensory Treatment Clinic (COAST) is a
Highly specialized program available from the Center for Autism and
Developmental Disabilities.

United Way of Rhode Island

(401) 353-3900 or 211

Services throughout RI. Available 24/7

Point: MyOptions RI, Aging & Disability Resource Center (ADRC)

(401) 462-4444

<https://www.unitedwayri.org/get-help/point/>

The Groden Center (401) 525-2380
30 Livingston Street, Providence, RI

J. Arthur Trudeau Memorial Center (401) 823-1731
Leading provider of services for children and adults with intellectual and developmental disabilities. Serve all stages of life.

Seven Hills Rhode Island (401) 921-1470
178 Norwood Ave, Cranston, RI (office location)

Looking Upwards (401) 847-0960
Supporting Adults with Disabilities & Children with Diverse Needs
<https://www.lookingupwards.org/about-us.html>

Disability Rights Rhode Island (DRRI) (401) 831-3150
33 Broad Street, Ste. 601, Providence, RI TTY: (401) 831-5335
<https://drri.org/>

Self-Help (work in progress) (Developmental & Cognitive disabilities resources & supports)

FOOD ASSISTANCE

United Way of Rhode Island (401) 444-0600 or 211
50 Valley Street, Providence

Emergency Food Resources

Northern RI Food pantry, 10 Nate Whipple Highway, Busch Annex, Cumberland, RI 02864,	(401) 943-5673
Tap-In, 281 County Rd, Barrington, RI 02806,	(401) 247-1444
Warm Center, 56 Spruce St, Westerly, RI 02891,	(401) 596-9276
Woodlawn Baptist Church, 337 Lonsdale Ave., Pawtucket, RI, 02860,	(401) 724-6390

Youth Pride Pantry, 743 Westminster St., Providence, RI, 02903,	(401) 421-5626
Westbay CAP Market Place, 211 Buttonwoods Ave., Warwick, RI, 02886,	(401) 732-4660
West End Community Center Pantry, 109 Bucklin St., Providence, RI, 02907,	(401) 781-4242

SVDP Holy Ghost, 472 Atwells Ave., Providence, RI 02909	(401) 421-3551
East Bay CAP Food Pantry, 100 Bullocks Pt. Ave, Riverside, RI, 02915,	(401) 437-1000
RI Community Food Bank, 200 Niantic Ave., Providence, RI, 02907,	(401) 942-6325

HOUSING, SHELTERS and TRANSITIONAL HOUSING

Emergency Shelter Resources

Crossroads Rhode Island, 160 Broad St., Providence, RI, 02903,	(401) 521-2255
Rhode Island Coalition for the Homeless, 1070 Main St., Pawtucket, RI, 02860,	(401) 721-5685
The Providence Center, 528 N. Main St., Providence, RI 02904,	(401) 528-0123
Amos House, 413 Friendship St., Providence, RI 02907,	(401) 272-0220
RI Family Shelter, 165 Beach Ave, Warwick	(401) 739-8584
Warming Centers – Rhode Island Emergency Management Agency (RIEMA)	(401) 946-9996 or 211
24 Hour & Overnight Warming Centers	
https://riema.ri.gov/planning-mitigation/resources-businesses/warming-centers	

<u>United Way of Rhode Island</u>	(401) 353-3900 or 211
Services throughout RI. Available 24/7	
Avoiding eviction, rent/mortgage assistance, electric, gas, heat payments	

<u>Family Service of Rhode Island (FSRI)</u>	(401) 648-1887
--	----------------

The Basic Center Program (BCP) offers up to 21 days of shelter w/a host home w/professional support to meet immediate needs of runaway and homeless youth
<https://www.familyserviceri.org/programs/basic-center/>

Lucy's Hearth

24-hour emergency & transitional shelter serving homeless children and their families
<https://www.familyserviceri.org/programs/lucys-hearth/>

Housing Navigation Central Falls/FSRI clients

<https://www.familyserviceri.org/programs/housing-navigation/>

<u>Risk of Homelessness due to Foreclosure</u>	1-888-995-HOPE (4673)
Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7.	

HUD (Housing & Urban Development)	(202) 708-1112
Tenancy & Landlord Rights and Responsibilities in the state of RI.	TTY: (202) 708-1455
Rental Assistance, navigation of eviction notices and options, avoiding foreclosure, subsidized/affordable housing options,	

<https://www.hud.gov/rhodeisland>

IMMIGRATION AND REFUGEE ADVOCACY & SUPPORT SERVICES

Immigration Support Services (401) 274-8811

Center for Southeast Asians
270 Elmwood Ave., Providence, RI 02907
(provides family, social and educational services for the community)
<https://www.cseari.org/>

DOCA – Dorcas International Institute of Rhode Island (401) 784-8600

North Campus: 220 Elmwood Avenue, Providence, RI 02907
South Campus: 645 Elmwood Avenue, Providence, RI 02907
<https://www.diiri.org/>
“We provide client-centered services, advocacy and opportunities based on our expertise in family literacy and adult education, employment services, refugee resettlement, translating and interpreting, citizenship and immigration services, and more.” -doca website

Sojourner House (401) 861-6191

<https://www.sojournerhousepa.org/>

Progreso Latino, Inc. (401) 728-5920 ext 310

<https://progresolatino.org/>

Catholic Charities of Providence – Office of Immigration and Refugee Services (401) 421-7833

1 Cathedral Square, Providence, RI 02903
Catholic Social Services, Project Hope/Proyecto Esperanza
<https://www.dioceseofprovidence.org/>

Rhode Island Commission on Human Rights (401) 222-2661

Specializes in antidiscrimination law enforcement TTY (401) 222-2664
<http://www.richr.ri.gov/>

ENGAGING INDIVIDUAL HEALTH INSURANCE COMPANIES

Insurance (State/Free Insurance Access)

UBH 1-800-711-6089 (Request an Emergency Crisis Evaluation Authorization)

NHP 1-800-215-0058

How to Engage in a Conversation w/Insurance Companies for Service Support

*Please note, non-profit agencies often have free care or grants that may cover outpatient treatment whether someone has no insurance or is under-insured.

This is especially true for emergency assessments and support.

1. Call the insurance company (on the back of the insurance card) or search online under “member services.”
2. Have subscriber’s health insurance card/ID ready, name and DOB.
3. Call the general line if client does not yet have coverage
4. Follow prompts for “Check Eligibility and Benefits”
5. You may choose to speak to a representative to look up client’s address/location and service provider’s in their area (be sure to include non-profits in this search)
6. Be sure to ask if virtual outpatient mental health visits (or telehealth) is covered

SELF-HELP RESOURCES AND GROUPS

Find a time and location of a meeting.

Alcoholics Anonymous
www.aa.org/pages/en_US/find-aa-resources
National Domestic Violence Hotline
www.al-anon.alateen.org/local-meetings
National Domestic Violence Hotline
www.draonline.org

Narcotics Anonymous
1-888-GET-HOPE (438-4673) (Hopeline) www.na.org/meetingsearch
Nar-Anon Family Groups
www.nar-anon.org/find-a-group

United Way of Rhode Island
Services throughout RI. Available 24/7

(401) 353-3900 or 211

Legal Assistance and/or guidance

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

COMMUNITY SUPPORT GROUPS AND PROGRAMS FOR YOUTH, DIVERSITY RECOGNITION AND AWARENESS

New Urban Arts

(401) 751-4556

705 Westminster Street, Providence

New Urban Arts (NUA) welcoming community of high school students and adult mentors, encouraging skill development and creative expression, sense of safety in being ones self.

NUA serves as a haven from the many pressures and systemic inequities young people face daily. **Youth of color from low-income families, some whom are first generation Americans, many whom are GLBTQ+.**

info@newurbanarts.org

<https://newurbanarts.org/>

Haus of Codec

(401) 484-7465

53 Broad St PO Box 23360, Providence

Supporting LGBTQIA+, challenges to racial injustice, including for Black, Indigenous, People of Color (BIPOC), through building community through the arts & educational Empowerment. Bringing people from different backgrounds, experiences, abilities, Identities and perspectives together. Artistic and Creative expression

info@hausofcodec.org

<https://www.hausofcodec.org/>





THE TRUTH ABOUT ACEs

WHAT ARE THEY?

ACEs *are*
ADVERSE
CHILDHOOD
EXPERIENCES

The three types of ACEs include

ABUSE



Physical



Emotional



Sexual

NEGLECT



Physical



Emotional

HOUSEHOLD DYSFUNCTION



Mental Illness



Incarcerated Relative



Mother treated violently



Substance Abuse

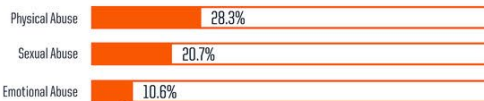


Divorce

HOW PREVALENT ARE ACEs?

The ACE study* revealed the following estimates:

ABUSE

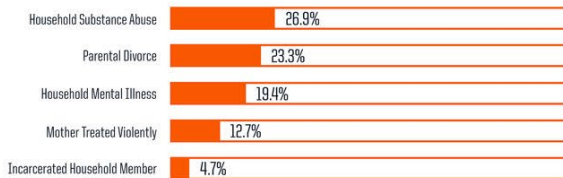


NEGLECT



percentage of study participants that experienced a specific ACE

HOUSEHOLD DYSFUNCTION



WHAT IMPACT DO ACEs HAVE?

As the number of ACEs increases, so does the risk for negative health outcomes



Possible Risk Outcomes:

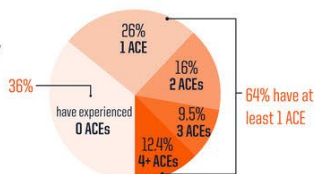
BEHAVIOR



PHYSICAL & MENTAL HEALTH



Of 17,000 ACE study participants:



The Ecomap Diagram Form

Family Name: _____

Date Completed: _____

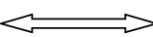
Completed By: _____

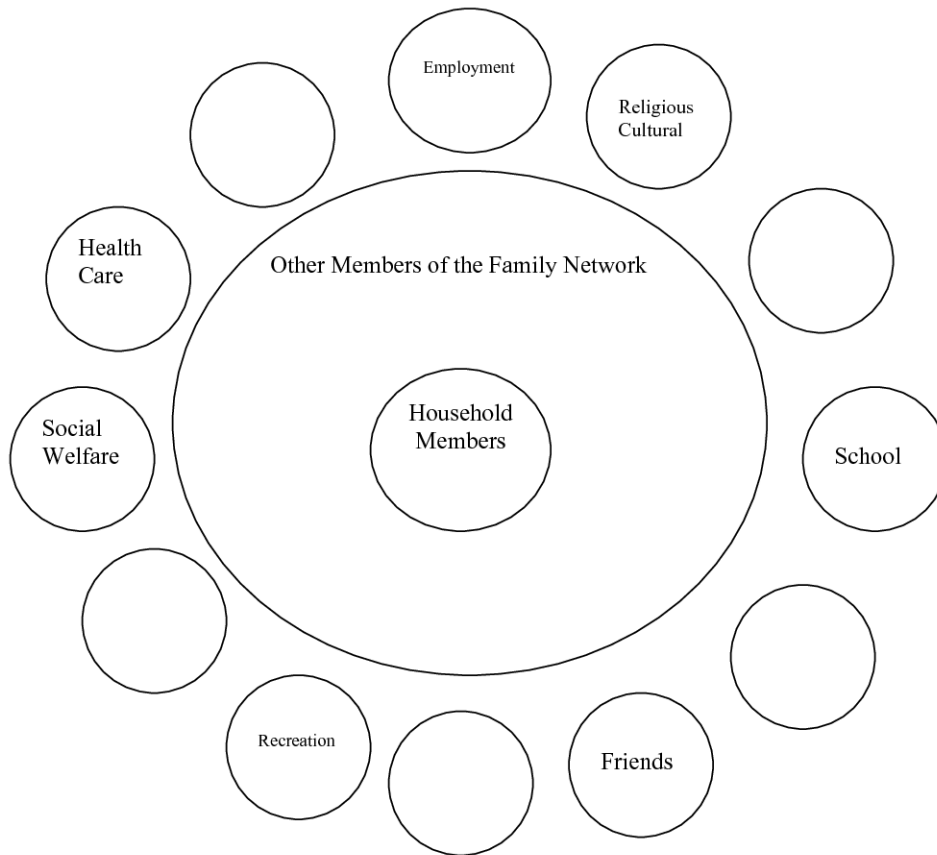
Family Address: _____

Strong Connection _____

Tenuous Connection -----

Stressful Connection _/_/_/_/

Flow of Resources 



Adapted from the *Special Needs Adoption Curriculum*, Spaulding for Children, 1991

